Covid Transition Assignments (S20)

To Replace Attendance Grades

Tell Me What I Need to Know

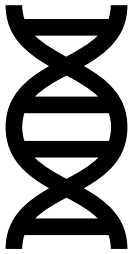
Ok, things are weird....tell me what I need to know about you and your situation right now. Tell me how you're feeling. Tell me how you're doing. Use this as a chance to vent and blow off steam. Tell how I can help, tell me how WKU can help, tell me how we can help each other. Just write this up in Word.

Bio @ Home

Do ANYTHING Bio-Related @ home and send me the evidence! Go for a hike, do an @ home experiment (there are tons online), sit down and teach a sibling something we are covering in class, absolutely ANYTHING Bio-Related! Types of evidence: Pics (pasted into a word doc), videos, other documents...just about anything will do!

Pay it Forward: The Science of Kindness

Research has shown that doing random acts of kindness triggers the release of serotonin, a neurotransmitter that plays a role in mood stability and oxytocin, a hormone that makes you feel connected to other people. Combined, this has the effect of making you feel loved and emotionally stable when you are frequently kind to others. Do something nice (for anyone, for a nonprofit, for WKU, for friends/family, anyone) and send me the proof! Just about anything will do!



The Central Dogma & COVID-19

Review slides 47-55 in our COVID.pptx which include statistics on the current crisis. Pick any topic explored in those slides to write about. You can give your opinion, discuss why it's important, etc. It's completely up to you. I simply expect to see one quality paragraph (minimum) about your topic. Share your thoughts.